

Shilling bobs up in Nepal

Staff from Shilling Communication have taken a charity trip to Nepal to assist international anti-poverty agency ActionAid.

Shilling graphic designer Tom French and the firm's design assistant Ben Paul spent ten days with the agency to build houses for Nepalese people recently freed from slavery.

Set against the backdrop of the Himalayas, the ActionAid project aims to build hundreds of houses for those freed from the country's former labour system. Nepal had a traditional system of bonded labour in the south of the country called Kamaiya, where families were born into servitude.

ActionAid was chosen by Shilling's charity committee to be supported this year. A charity is chosen by the company every year.

Shilling Communication chief executive Kevin Shilling said: "I am always encouraged and proud by the team's unbelievable enthusiasm for the projects every year. Whether it's supporting a range of fund raising activities or dedicating their time to

making the trip they always show an incredible commitment to the cause."

Tom and Ben said being part of the housing project was an amazing experience they would never forget.

"Thanks to Shilling, we had the opportunity to really make a difference to the lives of the Kamaiya people in Nepal, who have been left with no shelter or possessions of their own with which to build a future," they said.

For more information, please visit www.actionaid.org.uk